

WELCOMING the LIGHT

A Celebration of the Celtic Beltane Festival of Fire and Light

(halfway between the Spring Equinox and the
Summer Solstice)

DATE: 25th May 2024

VENUE: 17 Boswall Road,

Edinburgh, EH5 3RW (the education centre of
St Columba's Hospice)

TIME: 11 am - 4 pm



This is a **Formation Day** opportunity for anyone who has completed or is currently doing the THT 4-module training. We will begin and end the day with plenty of time to reconnect with each other. In between, we will offer some new practices (gratitude practice; Joanna Macy's Truth Mandala, a new tapping protocol being used by Capacitar International) and have feedback about new and ongoing research and the new Capacitar UK Health and Social Care manual.

Please bring your own lunch. Coffee and tea will be provided.

There is plenty of on the street parking around the hospice
which is free on a Saturday

NOTE: Please do NOT park in the Hospice car park at the bottom of the hill; it
is reserved for Hospice visitors.

Suggested Donation: £30

(all proceeds go to further the work of Capacitar International)

Please make your donation via On-line Banking:

Bank: The Co-operative Bank
Account Name: Capacitar (Scotland)

Account Number: 65327359
Sort Code: 089299

RSVP capacitarscotland@gmail.com